



SARUK CENTRE
FOR LEADERSHIP DEVELOPMENT



Become a Leader Change the World

"We are at a time when the world is in dire need of new leaders – leaders of moral integrity, sound purpose, and clear vision. The Centre invests in the next generation, people capable of becoming remarkable leaders for their local community, their country, and the world."

Elvin Saruk *Founder*



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Leadership Conference

September 22-25, 2022

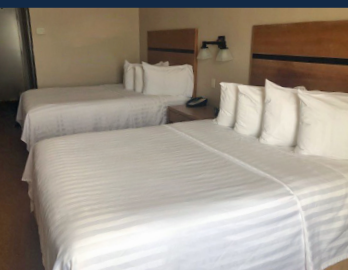
Thursday, 6PM to Sunday, 1PM

Chateau Inn Sylvan Lake



Welcome to the Saruk Leadership fall Conference. We will be staying across from Sylvan Lake. Accommodation and meals provided. You will learn and there will be time to relax and enjoy the surroundings.

Hotel Amenities



**The lake is across from the hotel with
walking paths and picnic areas.**



FALL 2022

THURSDAY

6:00 – 7:00 PM	Dinner, Registration, & Welcome Reception
7:00 – 8:00 PM	Pathway to Servant Leadership: Keynote
8:00 – 9:00 PM	Roundtable & Discussion: Your “Strength Finder”
9:00 PM	Optional Activities

FRIDAY

8:00 – 9:00 AM	Breakfast
9:00 – 10:00 AM	Respectful Leadership: Keynote, Q&A
10:00 – 11:30 AM	Workshop: Panel/Roundtable/Sharing
11:30 – 1:30 PM	Lunch
1:30 – 3:30 PM	Activity: Leadership
3:30 – 4:30 PM	Life Skills: Accountability—Panel/Roundtable/TED
4:30 – 5:30 PM	Free Time: Socialize, Network, etc.
5:30 – 6:30 PM	Dinner
6:30 – 8:00 PM	Life Skills: Understanding Others—Panel/Roundtable/TED
8:00 – 9:00 PM	Activity: Get to Know Fellow Participants
9:00 PM	Optional Activities*

SATURDAY

8:00 – 9:00 AM	Breakfast
9:00 – 1:00 PM	Community Service: Food Bank or Other
1:00 – 2:00 PM	Lunch
2:30 – 4:00 PM	Building an Effective Team
4:00 – 6:00 PM	Activity: Team Building
6:00 – 7:00 PM	Dinner & Life Skills: Attitude of Gratitude
7:00 – 9:00 PM	Shark Tank Competition: Team Problem Solving
9:00 – 10:00 PM	Optional Activities*

SUNDAY

8:00 – 9:00 AM	Breakfast
9:00 – 11:30 AM	Social & Emotional Intelligence: Keynote, Workshop
11:30 – 12:30 PM	Case Studies: Role Play Exercise
1:00 PM	Lunch to go

**Optional Activities may include campfires, games, music, film, walks, journaling, etc.*

WINTER 2023

THURSDAY

6:00 – 7:00 PM	Dinner, Registration, & Welcome Reception
7:00 – 8:00 PM	The Art of Influence in Leadership: Keynote
8:00 – 9:00 PM	Workshop Exercise: Panel/Roundtable/Sharing
9:00 PM	Optional Activities*

FRIDAY

8:00 – 9:00 AM	Breakfast
9:00 – 10:00 AM	Conflict Management: Keynote & Roundtable
10:00 – 11:30 AM	Conflict Management: Role Play/Case Studies
11:30 – 1:30 PM	Lunch
1:30 – 2:30 PM	Life Skills: How to Have Tough Conversations
2:30 – 3:30 PM	Workshop Exercise: Panel/Roundtable/Sharing
3:30 – 4:30 PM	Optional Activities*
4:30 – 5:30 PM	Free Time: Socialize, Network, etc.
5:30 – 6:30 PM	Dinner
6:30 – 8:00 PM	Words Matter: Panel/Roundtable/TED
8:00 – 9:00 PM	Workshop Exercise
9:00 PM	Optional Activities*

SATURDAY

8:00 – 9:00 AM	Breakfast
9:00 – 1:00 PM	Community Service: Food Bank or Other
1:00 – 2:00 PM	Lunch
2:30 – 4:00 PM	Understanding Global & Local Poverty: Speaker/Roundtable/Panel
4:00 – 6:00 PM	Optional Activities*
6:00 – 7:00 PM	Dinner
7:00 – 9:00 PM	Shark Tank Competition: Team Problem Solving
9:00 – 10:00 PM	Optional Activities*

SUNDAY

8:00 – 9:00 AM	Breakfast
9:00 – 11:30 AM	Leadership & the Law: Keynote, Workshop
11:30 – 12:30 PM	Life Skills: Reading a Contract, Knowing Your Rights—Roundtable
1:00 PM	Lunch to go

**Optional Activities may include campfires, games, music, film, walks, journaling, etc.*

WHAT'S IN IT FOR YOU?

When you participate in the Saruk Centre's three-year program in Leadership Development, you'll learn from businesspeople and humanitarian leaders, receive individualized training and mentorship, participate in practical experience and local service, and have the opportunity to job-shadow and to travel for humanitarian work.

SPECIFICALLY, YOU WILL

- Learn to set goals;
- Gain self-awareness and confidence;
- Become skilled in managing your physical, mental, and financial health;
- Establish enduring, productive relationships with mentors;
- Become skilled in developing and growing a strong network;
- Communicate effectively;
- Master interview and job search skills;
- Lead and manage a project from start to finish;
- Become aware of and sensitive to other cultures and people;
- Prepare for volunteerism; and
- Impact others through service.

In short, you'll lay a firm foundation for graduate school and/or future employment or entrepreneurial opportunities.

For more information on the program, visit www.sarukcentre.com.



SEMINAR TOPICS

YEAR ONE: 2022-2023

SOCIAL & EMOTIONAL INTELLIGENCE AND INTERPERSONAL SKILLS

- Paying Attention: Active Listening
- Crit/Reliability
- Learning to Collaborate
- Developing a Positive Attitude, Empathy, Leadership, Teamwork

RESPECTFUL LEADERSHIP

- Building a Resume vs. Writing Your Epitaph
- Modeling Leadership as a Servant: Empathy
- Vision and Motivation

BUILDING AN EFFECTIVE TEAM: THE ART OF COACHING

- Building a Team
- Influencing a Team
- Holding the Team Accountable

CONFLICT MANAGEMENT

- Resolving & Avoiding Conflicts
- Identifying Conflicts Early

UNDERSTANDING GLOBAL & LOCAL POVERTY

- Knowing How to Help
- Why International Aid Has Not Solved Poverty

LEADERSHIP & THE LAW

- Understanding Everyday Legal Issues
- Liability Associated with Leadership

LIFE SKILLS

- Accountability
- Understanding Others
- Problem Solving
- Reading a Contract, Knowing Your Rights
- How to Have Tough Conversations

YEAR TWO: 2023-2024

VISION & GOALS FOR SELF

- Setting Vision & Goals for Self
- Critical Thinking/Flexibility
- Assessing Strengths and Weaknesses

DAILY HABITS FOR LIFELONG LEADERSHIP & ACHIEVEMENT

- Building Strength for Leadership
- Stress: Daily Habits for a Resilient Life

BALANCING POWER & INFLUENCE

- Using Power and Influence for Positive Outcomes
- Recognizing the Abuse of Power

EMPLOYMENT DAY: FINDING & KEEPING A JOB

- Resume and Interview Skills
- Personal Grooming, Dressing & Presentation
- Time Management

INCLUSIVENESS & COMMITMENT

- Treating People Equally and Equitably
- Understanding Multiculturalism
- Gender Leadership Styles

ANCHOR YOURSELF: MAKING GOOD DECISIONS

- Principles for Sound Decision-Making: Distinguish Role from Self
- How to Connect with and Nurture Others
- Virtues of an Open Heart: Compassion for Self and Others

LIFE SKILLS

- Financial Skills: Budgeting, Credit Cards, Loans, Interest
- Employment: Resume Tips and Mock Interviews
- Goal Setting
- Health, Diet, & Exercise
- Communication: Email, Speaker Introduction, Principles of Speech Making

YEAR THREE: 2024-2025

(For those who have completed Years 1 & 2)

SERVICE PROJECT

- Each participant will develop and conduct a service project that they are passionate about.
- The participant will be mentored and guided by the Saruk Board and other experienced leaders to ensure each project has a high chance of success.

FORMAT

YEARS 1 AND 2:

- Required: Two weekend seminars each year (fall and winter), Thursday evening-Sunday afternoon, held in a conference centre, Meals and lodging are included.
- Optional: Throughout the year: mentoring and job-shadowing
- Note: The term “years 1 and 2” does not refer to the order in which seminars must be taken; instead, it denotes the number of years a participant has been part of the program.

YEAR 3:

- Involvement in a self-initiated service or humanitarian project. If the project is not local, partial funding for travel may be applied for to compliment project-specific fundraising efforts.

WHO CAN REGISTER?

Anyone interested in leadership and enrolled in a post-secondary institution can apply for the Leadership Program offered by the Saruk Centre. The program is also open to those within five years of graduating, and grade 12 students recommended by their high school may apply.

- The program begins in the fall of each year.
- To apply: Information and the online application is available at www.sarukcentre.com. The deadline is early September.
- Cost per year: \$5,000/student, including travel scholarships for global service trips and educational field trips. During the Saruk Centre initial development phase *costs are covered in full by Centre philanthropists*.
- Participation in years 2 and 3: those wishing to continue in the program must have completed the previous year's work to apply for continuing registration.



SOME OF THE PRESENTERS...



Delicia Adams

Delicia, a Registered Counseling Therapist, is passionate about helping people realize the importance of self-care and develop healthy relationships. She will assist you in a journey towards fulfillment and growth.

Romando Carey

Romando, a recent graduate from Burman University, serves on the staff of the College Heights SDA Church. A pastor, singer, music director, and speech coach, he strives to be authentic in order to foster learning, commitment, and excellence.



Ian Foster

Ian believes it's important to be involved in the community—and the world. For nearly 30 years he was Branch Manager for Scotia Bank and participates in service groups and local government. "But my life was changed," he states, "when I travelled to Kenya. I realized how vitally important it is to help others." Back in Alberta, he looks forward to working with future leaders at the Saruk Centre.



Sharon McDowell-Larsen

The relationship of health, fitness, and stress is Sharon's passion. She's designed and implemented a Fitness for Leadership component in international leadership training courses. Now, she looks forward to empowering future leaders to live fully and positively.



Dan Wilson

Dan has worn many hats. He's served as a corporate lawyer; he's been a business executive and an entrepreneur, taking businesses from concept to maturity. Dan now engages with students as he shares his experiences with the next generation of leaders at MacEwan University—and the Saruk Centre.



A visionary team of philanthropists providing young people with co-curricular skills that equip them to become leaders within their communities and into the world.



Elvin Saruk *Chair*

Elvin is committed to providing opportunities for novice leaders to learn leadership skills in intentional ways. When he encountered others who want to share foster young leaders, he formed the Saruk Centre for Leadership Development.

Kelvin Hill *Board Member*

When Kelvin left his tenure track position in academic biochemistry to pursue a career in dentistry, he determined that he'd return the investment of time, opportunities, and funding that his mentors had bestowed. As a founding board member of the Saruk Centre for Leadership Development, he can do just that.



Scott Sankey *Treasurer*

Scott has spent more than 20 years working in the oil and gas industry around the globe. He has lead teams and influenced others. He became a founding member of the Saruk Centre to help future leaders develop their skills by taking approaches not typically employed by academic institutions.

Gail Misek *Board Member*

Gail has spent the majority of the last 40 years empowering students as a teacher. She firmly believes in staying curious, listening compassionately, and being kind. As a part of the visionary team of the Saruk Centre, Gail continues to support young leaders in leadership service, igniting their inner spark, and creating a better world.



Eric Rajah *Interim Director*

Eric is committed to mentoring and providing opportunities for leadership through the Saruk Centre and through his charitable organization, A Better World. Over the past 35 years, he has employed more than 125 students at his local business. Eric, along with the rest of the Saruk Centre, wants to see young people become outstanding leaders for their local communities and the world.

sarukcentre.com